

YOUR GIFT MATTERS.



It matters to the child who needs help coping with the violence they witness in their home.

It matters to the person rebuilding their life after trauma.

It matters to the parent who is working to reverse the cycle of violence in their family.

It matters to the person who needs support receiving a medical exam after an assault.

It matters to the parent whose child has been through something unimaginable.

It matters to the teen learning how to set healthy boundaries in their relationship.

It matters to the person struggling with past trauma.

It matters to every individual and family in our community impacted by violence.

Please join us in working to end violence by donating to Family Support Center today.

*End of Year Giving
Campaign envelope
enclosed!*



Your donation makes a meaningful difference in the lives of people impacted by violence in the Chippewa Valley.

Here are some examples:

Your donation of \$200 supports the time needed to help one survivor of domestic violence obtain a restraining order.

Your donation of \$500 will provide 3 months of weekly support to one survivor of domestic violence.

Your donation of \$1,300 will fund one semester of weekly support group for 6 youth survivors of domestic violence.

Chippewa Falls main office
715-723-1138 or 1-800-400-7020
familysupport@fscf.org

Administrative

Executive Director-Geri
Assistant Administrator-Sue
Office Manager-Glori
Resource Development Coordinator-Lori

Domestic Violence Program

Domestic Violence Program Director-Jeni
Domestic Violence Advocates-Cara & Erica
Domestic Violence Youth Advocates-Victoria & Krista

River Source Family Center

715.720.1841

Parent Services Program Director-Bece

Parent Educator-Robin

Rural Family Connections Facilitator-Amanda R.

CF Family Connections Facilitator-Brenda

Chippewa Falls satellite office

Sexual Assault Program

C.F. Sexual Assault Advocate-Morgan

Human Trafficking Case Manager-Kenzie

Eau Claire offices

715-830-0188 or 1-888-407-7811

Sexual Assault Program

Sexual Assault Program Director-Amanda S.

Sexual Assault Advocate-Annette

UWEC CASA Victim Services Coordinator-Hannah

Offices within the Chippewa Falls School District

Violence Prevention Education Program

Prevention Educator-Brock

Family Support & Resource Coordinator-Ellen

Family Crisis Support Specialist-Kristin



You deserve to live a life
free from violence

We are grateful for our strong community support!

We could not do this work without you.

CDC Outreach Office

Family Support Center works very closely with the CDC Outreach Office in Chippewa Falls. We collaborate working with folks that come to our offices looking for help, guiding them to the right place. Jenn and Kari work at the Outreach Office with homeless services, helping with housing and more. They take donations of clothing & furniture, and also work with some of the other programs that are available in Chippewa Falls. They have moved their office from Bridge Street and now are located at **21 E. Grand Avenue** in the same building as the Chippewa Falls Museum of Industry & Technology. Please give them a call or stop by if you have any type of household donations. And please pass on their phone number to anyone you know who may be in need of housing help. Jenn and Kari do whatever it takes to help those in need in Chippewa County. The office phone number is **715-861-5002**. Their walk in hours are **9:30-3:30 Tuesday-Friday**.

Family Support Center Board of Directors

President Stella Clark
Vice President Michael Strubel
Secretary Theresa Zirbel
Treasurer Mary Rose Willi

Pastor Karen Behling
Kristin Karnes-Frederickson
Teresa Germain
Dena Manier
David Schaller
Carolyn Strand
Sheridan Welch

Thank you for all you do throughout the year!

Thank you to the following individuals and businesses who have donated since our last newsletter.

Korger's Furniture and Decorating
Leinenkugel's
Hewlett Packard
Rex Systems, Inc.
Ace Ethanol
W.S. Darley
B & G Liquor
H & R Electric
Ojibwa Golf and Bowl
Titus Woman of Central Lutheran Church
St. Simeon's Episcopal Church
Cook Chiropractic, LLC & Dave's Northside, LLC - *Ojibwa Golf Hole Sponsors*
All Those Who Donate Through Their Workplace
Our Anonymous Donors
Our New Donors & Supporters



Thank you to all who donated during our fall fundraising drive!

We love our volunteers!

We are fortunate to have volunteers who play different roles here at Family Support Center. Whether they are washing toys to keep them sanitary for our playgroups, helping with office projects, serving on our board of directors, providing childcare during Parent Café, or answering crisis calls when our office is closed, they are all vital to the work we do.

We appreciate all you do for our agency and survivors of violence in our community!

In loving memory

A generous donation to Family Support Center was made by Terry Straavaldsen in loving memory of his wife, Ellen Dudley-Straavaldsen, who passed away earlier this year. "Social justice and love for all had always been the utmost important thing in Ellen's life. She had a heart of gold."

Thank you, Terry, for honoring Ellen in a way that will make a difference in the lives of so many.



If you would like to make a donation in honor or memory of someone, please contact Lori at resourcedev@fscf.org

In-person programming is back at River Source!

Parent Café

Tuesday, November 29
from 5-7 p.m.

Enjoy a free family-style dinner & great parenting discussion!

*call to register!



Play & Learn

Thursdays from
9:30-11:00 a.m.

Come & experience learning through the eyes of your

Check out our website for more information about our programs!



Holidays Around the World

Tuesday, December 20
from 9:30-11:00 a.m.

A fun family event with crafts, games & activities!

*call to register!



Baby & Me

Select Wednesdays from
10:00-11:00 a.m.

This playgroup is for parents/caregivers and their babies (0-11 months)!



Rural Play & Learn

Play & Learn playgroups in Stanley, Cornell & Bloomer!

Check out our calendar for dates and locations.



Movin' & Groovin'

Mondays from
9:30-10:15 a.m.

This class promotes language and play through music, song & dance!

River Source Family Center- Where all families have room to grow!

Holidays and Children

The holiday season is here! It is exciting for many, especially for children. However, it can also be overwhelming, stressful and highly emotional for everyone. Here are a few tips that could be helpful this time of the year.

As caregivers, keeping up with consistencies and routines will be vital, as our children depend on these for their feelings of safety and trust. Deviation from the norm may occur, but maintaining as much of a "normal" routine as possible is best.

When our kiddos know what is happening that day, or what is happening next (give a transition time, warnings, such as "in 10 minutes we will need to get our boots and coats on so we can go home") it may prevent melt downs or tantrums from occurring. It could be helpful in trying to minimize big reactions when they have time to process what is going on, and we are right there to help.

This is the time of year we see family members and friends we may not see very often. Even though it may seem normal to us for our children to give hugs to aunts, uncles, grandparents, family friends, it is important to be observant of the comfort level our children have with these physical greetings or goodbyes. We do not want to negatively



impact our children by forcing them to give hugs, kisses, etc. to those they may not want to or be comfortable doing so. Being their caregivers, we should take the opportunity to step in when needed.

Talk with one another about what the holidays mean to everyone. Involve children in making gifts, decorating, cooking/baking, wrapping gifts. Include them in conversations about the spirit of this season. Embrace their curiosity, the joy, and questions.

This could be the time of year to look at volunteer opportunities in the community you live in. If this is something you do not currently engage in, it could be a meaningful family activity. It could be shopping together to sponsor a family or child or volunteering at a food bank or a local meal providing organization. There are many ways to give back. Doing this together with your children is a humbling experience as well as a learning opportunity for everyone.

Making this holiday time about togetherness is what is important. Continue the family traditions you already have or create new ones. These are the memories everyone will hold onto for a long time.

Have a peaceful holiday season.

~Robin, Parent Educator
River Source Family Center

Ojibwa Golf & Bowl Holds Fundraiser for River Source

For over a decade, Chuck Wagner and his daughter, Nikki, have been hosting a fundraiser at Ojibwa Golf & Bowl for River Source Family Center. This year was extra special, as it was their last night golf fundraiser for River Source as owners of Ojibwa Golf & Bowl. This year's event raised \$3,400 for River Source!

Chuck and Nikki, thank you for all your years of support!



Nikki & Chuck Wagner presenting Becce with their donation for River Source!



Family Support Center
 P.O. Box 143
 Chippewa Falls, WI 54729
 715-723-1138 or 1-800-400-7020

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Family Support Center is an equal opportunity agency. Family Support Center celebrates the diversity of all people and does not discriminate in any manner on the basis of race, color, national origin, sex, religion, age, ability, gender identity or expression, or sexual orientation.

Family Support Center's programs are funded in part by United Way of the Greater Chippewa Valley.



Holiday Hope

For many, the holidays are a time of celebration and togetherness. We revel in old traditions while simultaneously creating new ones, and look forward to spending cherished time with the loved ones in our lives. Yet for many of the individuals and families we serve, holidays can be bittersweet. There can be feelings of loneliness, financial stressors, and safety concerns. However, there is still hope throughout this time, and we want to continue to do what we can to bring hope for the holidays for the families that we serve.

Every year, the staff at Chippewa Valley Correctional Treatment Facility (CVCTF) sponsor some of the families that we serve with gifts for the holidays. This has been a partnership that has

been ongoing for many years, and it is exciting for families and staff alike to see the joy that they are able to bring to families, year after year. We are very grateful for this continued collaboration and the generosity of CVCTF staff.

There are always more individuals and families that we would love to sponsor for the holidays than CVCTF staff can assist, and as such, for the third year, FSC is taking up a collection of holiday gifts to give to our participants throughout this holiday season.

Please bring in any new, unwrapped, items from the list below to our

Chippewa Falls office by December 7th between 8:30am-4:30pm.

Contact Jeni at dadirector@fscf.org or Glori at familysupport@fscf.org or call us at **715-723-1138** with any questions or clarifications about the program!

To help with wrapping, we are also looking for all sizes of gift bags, tissue paper, and bows.

Adult wish list:

- Self-care/hygiene items such as lotions, bubble bath/bath bombs/body wash, makeup, for all skin colors and hair types
- Cozy items such as candles, socks, slippers, blankets
- Self-care items, such as adult coloring books, journals

Youth wish list, including ages infant-18 years old:

- Games
- Books
- Art supplies, such as coloring books, watercolor paper, stickers, colored pencils/markers/crayons, Play-Doh
- Building supplies, such as blocks, Duplos, and Legos, MagnaTiles



Thank you for bringing hope for the holidays to FSC families for another year!

To speak with an Advocate 24/7 call **715.723.1138** or **1.800.400.7020**.